

Sandy Hook Promise

START WITH HELLO

CONVERSATION STARTERS KIT



About Sandy Hook Promise



Sandy Hook Promise (SHP) envisions a future where all children are free from school shootings and other acts of violence. As a national nonprofit organization, SHP's mission is to educate and empower youth and adults to prevent violence in schools, homes, and communities. Creators of the life-saving, evidence-informed "Know the Signs" prevention programs, SHP teaches the warning signs of someone who may be in crisis, socially isolated, or at-risk of hurting themselves or others and how to get help. SHP also advances school safety, youth mental health, and responsible gun ownership at the state and federal levels through nonpartisan policy and partnerships. SHP is led by several family members whose loved ones were killed in the tragic mass shooting at Sandy Hook Elementary School on December 14, 2012.



My favorite song/artist right now is _____.
Which artists and songs are you into now?

I have a special talent that is pretty unique.
It's _____.
What's your special skill or talent
that you're proud of. Why?

Any interest in taking an "activity snack?"
We could take a movement break,
play a quick game, or listen to music?

I have a tradition/item/food/memory
that is important to my identity
and/or heritage.
Can I share it with you?

Would you rather spend your
free time indoors or outdoors?
Why? What would you do?

What is it like to
"Be In Your Shoes" for a day?

You get to invite three people to eat with
you at lunch tomorrow. Could be people
from the past, present, and future.
Who would you invite? Why?

How would you spend your ideal day
off from school/work?

TEAR OFF A CONVERSATION STARTER AND USE IT TO REACH-OUT AND CONNECT TO SOMEONE!



**TAKE
WHAT
YOU
NEED**

**INVITATIONS,
ASKS, & SHARES**



START WITH HELLO

Table Talk Cards

TABLE TALK

How do you get rid of the hiccups?



TABLE TALK

If you could win a gold medal for any activity and be known around the world for that activity, what would you want it to be?



TABLE TALK

If you could control one element (earth, air, fire, water) what would it be and what would you do with that power?



TABLE TALK

If you were going camping in the wilderness for the weekend, what are the three most important things you'd need to take with you?



TABLE TALK

If you could transform temporarily into one animal, what would it be and why?



TABLE TALK

You've been chosen to audition for the show The Voice/America's Got Talent. What would you sing or what would you perform?



TABLE TALK

What's the simplest thing somebody can do to cheer you up at work when you're feeling down?



TABLE TALK

Subway, train, bus, car, truck, bicycle, skateboard, roller skates, motorbike, or Uber/Lyft. What's your favorite mode of transportation? Why?



TABLE TALK

What thing do you do every day that often goes unnoticed?



TABLE TALK

What's your favorite icebreaker question?



TABLE TALK

If people had theme songs, what would you want your theme song to be this week?



TABLE TALK

What's your favorite icebreaker question?

