

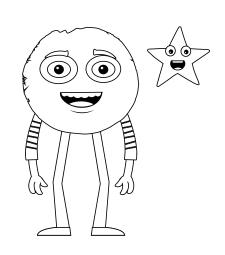
COLORING BOOK



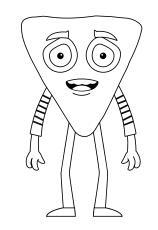
NAME:



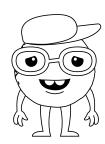
MEET THE FRIENDS



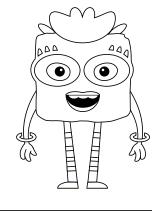




TOME



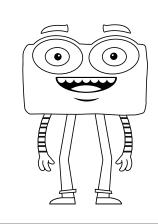
CARLOS



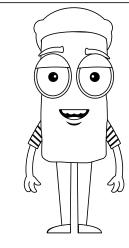
DASMINE



ZOE

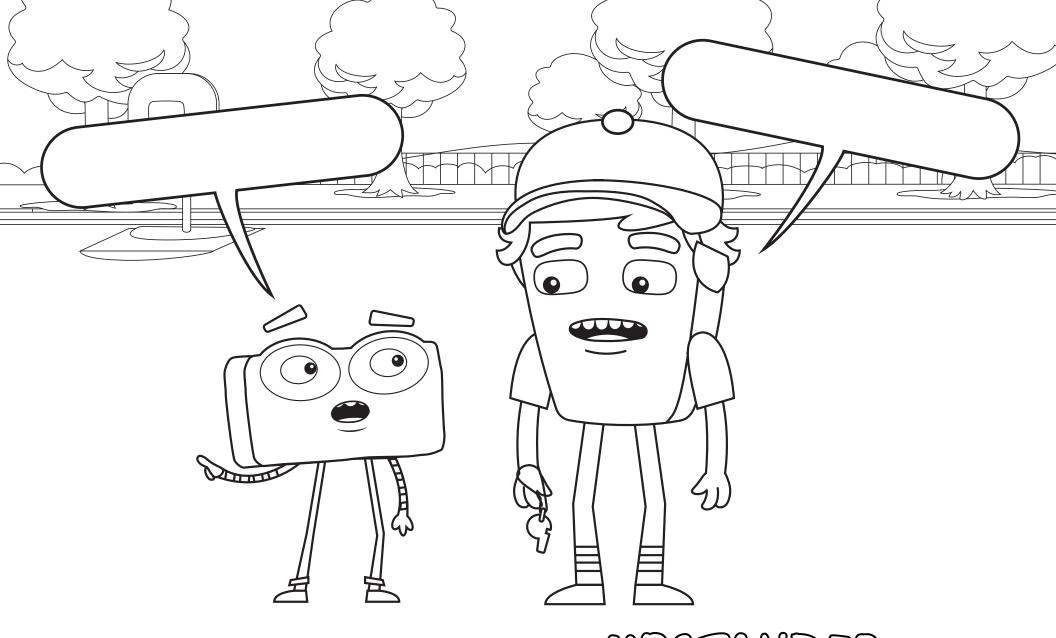


DZZV



MALICE



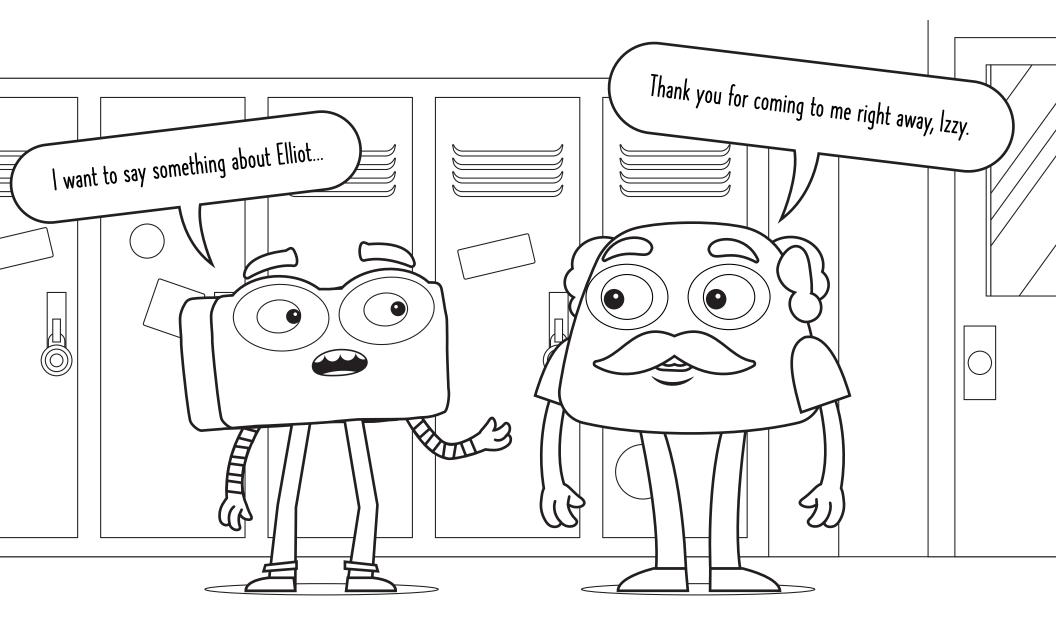


Saying something allows us to be an UPSTANDER.

An Upstander is someone who speaks up or takes action to help someone else.

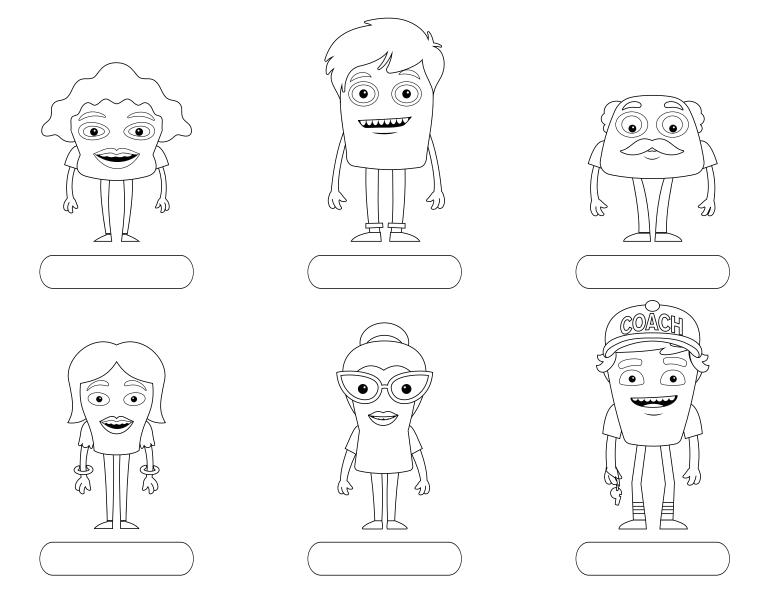


Talk to your friends about ways you can be an UPSTANDER!



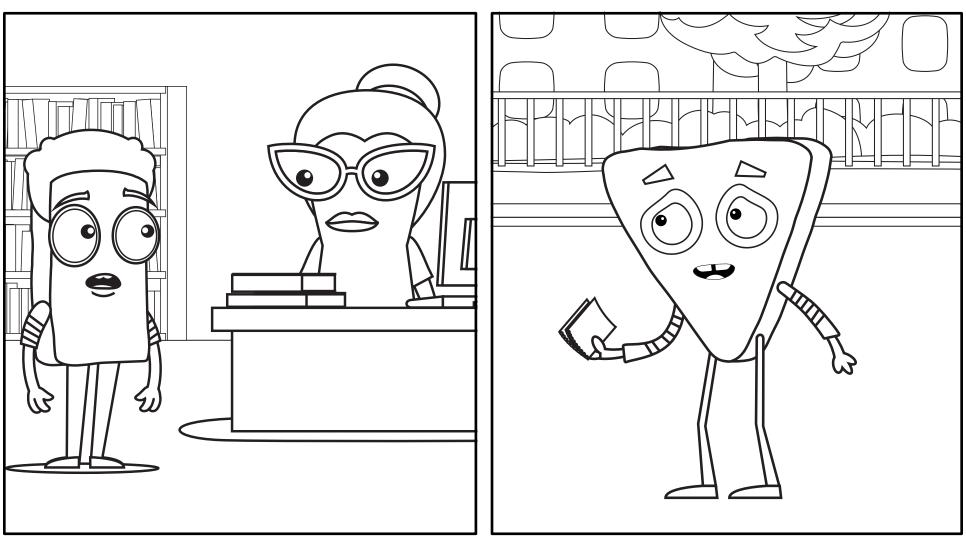
A TRUSTED ADULT will listen to you and help you!

Who is your TRUSTED ADULT?



Write the name of your TRUSTED ADOUT in the blank space.

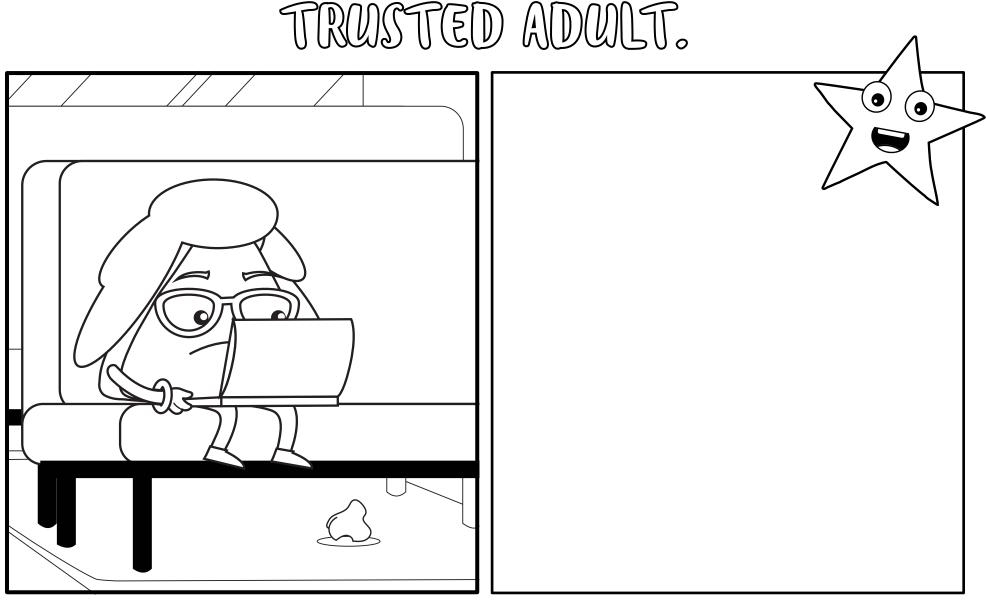
There are lots of different ways you can say something to your TRUSTED ADULT.



Face to face.

Write a note.

There are lots of different ways you can say something to your



Email or Text.

Draw your own Say Something style!





