

SAY SOMETHING

Activity

Upstander Tag

Classroom Objective:

Students will connect with one another by identifying Upstander qualities in each other.

Activity Instructions:

1. Provide each one of the students with the upstander tags attached to this activity. Have the student find a classmate that best represents one of the qualities and give that classmate the tag.
2. Once all of the tags have been passed out, have each student identify their top 3 tags that they were given. To extend the activity, have students write a short journal using the following prompt:
What actions can you take based on these qualities to help your classmates?
3. Virtual Option- Create virtual upstander sticky notes, assign each student 3 names, and ask them to place each name on the sticky note that best matches the student's upstander qualities and characteristics.

Grades:

6-12

Time:

15 Minutes

SEL Goals



Engage

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Activity Cont.

Upstander Tag

Upstander	Adaptable	Upstander	Brave	Upstander	Cheerful
Upstander	Curious	Upstander	Friendly	Upstander	Forgiving
Upstander	Generous	Upstander	Genuine	Upstander	Helpful
Upstander	Hopeful	Upstander	Insightful	Upstander	Inviting
Upstander	Kind	Upstander	Open Minded	Upstander	Patient
Upstander	Perceptive	Upstander	Positive	Upstander	Thoughtful
Upstander	Trustworthy	Upstander	Understanding		



Engage